



How to Survive Your 40th Birthday

By Bill Dodds, Dave Allen

Meadowbrook Press, U.S. Paperback. Book Condition: new. BRAND NEW, How to Survive Your 40th Birthday, Bill Dodds, Dave Allen, This book demonstrates to those reaching middle age that there is still plenty to look forward to after forty - namely, old age and death! It offers outrageous advice to those facing this bleak future, including: how to act surprised at your 40th birthday party; how to tell the difference between a mid-life crisis and a hangover; how to raise a family without raising your blood pressure; how to re-find your lost youth without hurting yourself; how to get through your old school reunion without lying about your job; how to handle sex (and even dating). This is the perfect gift for thirty-nine-year-olds dreading the big Four-O.

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