



Parenting from Your Heart: Sharing the Gifts of Compassion, Connection and Choice

By Inbal Kashtan

Puddle Dancer Press. Paperback. Book Condition: new. BRAND NEW, Parenting from Your Heart: Sharing the Gifts of Compassion, Connection and Choice, Inbal Kashtan, The challenges of parenting are addressed with real-world solutions that meet the needs of all family members in this guide. The tenets of 'Nonviolent Communication' are applied to a variety of settings, including the classroom and the home, in these booklets on how to resolve conflict peacefully. Illustrative exercises, sample stories, and role-playing activities offer the opportunity for self-evaluation, discovery, and application.



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